

Physiotherapy:

Physiotherapy courses are professional training courses that aim to teach the techniques and treatments to restore a patient's mobility. According to the World Health Organization (WHO) report, every 10,000 people should have access to a physiotherapist. India, on the other hand, barely has roughly 5000 registered physiotherapists. As a result, India has roughly a demand for 95,000 physiotherapists.

Physiotherapy is one of the well-paying professions in [Paramedical](#). A physiotherapist can expect to earn INR 2.60 lakhs annually as a fresher. Sports Physiotherapist and Healthcare Consultant are two high-paying professions in this field; offering an annual compensation of INR 5.89 lakhs and INR 6.00 lakhs as a fresher.

Certificate Course in Physiotherapy

It aids in bringing about positive changes in people's health and lifestyle. physiotherapy courses, which are appropriate for people of all ages, aid in the treatment and rehabilitation of people suffering from a variety of health problems ranging from mental health issues to sports injuries. The certificate course in physiotherapy is available in both inline and offline modes. The short duration of the course makes it extremely popular among the students.

- Physiotherapy classes can last anywhere from a few hours to a year.
- For the certificate in physiotherapy courses, Candidates must have completed their 10th/12th grade or equivalent in science to be eligible for this course.
- Candidates who have completed their tenth grade may be qualified for the certificate course in physiotherapy in specific instances.
- The candidates must be at least 17 years old.



Skills Required to Pursue Physiotherapy Courses

Apart from curating therapy and recovery sessions for the different patients, a physiotherapist must have several other skills that not only increase their competencies but allows them to improve their career growth options. A physiotherapist must have the following technical and soft skills irrespective of the experience or job profile, that they can impart while they learn any physiotherapy courses

- **Convincing power:** A physiotherapist handles a lot of patients who are coming off from serious injuries or having severe physical deformities. The physiotherapist should be able to instruct them in such a way that they feel comfortable with the treatment procedure. A convincing tone would help the patient adhere to the required therapy session and hasten a quick recovery.
- **Clarity of speech:** Continuing from the previous skill, a physiotherapist must have clarity of speech. They must be able to provide clear-cut instructions to the patients.

- **Ability to operate equipment easily:** A physiotherapist uses a wide range of equipment that requires proper handling to provide the right treatment to the patients. Apart from the use of the technical instruments, the physiotherapist must be well versed in the different types of software and health apps that can be useful for the treatment of the patients.
- **The scientific rationale behind procedures:** Apart from the proper usage of the equipment, the physiotherapist must be able to anticipate the rationale behind every treatment procedure. A good physiotherapist is aware of the fact that sometimes the patients may suffer from treatment fatigue. Thus, they must devise the recovery session so that it takes the minimum time possible.
- **Empathy:** Physiotherapists have to deal with patients who may be in difficult physical shape and may have to deal with taboos such as obesity, deformity, etc. A skilled physiotherapist uses empathy to understand the problem of the individual and create a therapy that the patients are comfortable with.
- **Influential and persuasive:** Experienced physiotherapists are skilled with persuasive communication skills that allow them to influence the patients to follow the treatment procedure. Most physiotherapists are hands-on practitioners and participate in the therapy with the patients to have more influence on them.
- **Excellent presentation skills:** The physiotherapist must also have great presentation skill that allows them to fully present the whole timeline of the recovery process to the patients.

Certificate/ Adv Dip in Physiotherapy Course Syllabus

Certificate/Adv.Dip in Physiotherapy Course is a 6 - 12 months long course. Given below is the syllabus for Physiotherapy Course.

Basics of Physiotherapy	Clinical Observation
Physiology	Exercise therapy
Anatomy	Sports Science and Medicine
First Aid	Orthopedics
Nursing	Rehabilitation Science
Biomechanics	Applications of Physiotherapy
Electrotherapy	Medical Ethics
Pathology	Gynecology

Scope After Physiotherapy Courses

The Physiotherapy courses offer a lot of scope for the aspirants in terms of challenging job opportunities.

- A physiotherapist can study various types of specialization in different fields such as neurology, orthopedics, geriatrics, cardiorespiratory, and many more.
- Candidates after completion of every physiotherapy course have the option for higher studies up to the doctorate level.
- Apart from higher studies, a physiotherapist in India earns an average salary of INR 300,000.

Recruiting Areas For Physiotherapists

The different sectors in which a physiotherapist can get job opportunities are:

Defence Medical Establishments	Educational Institutions
Fitness Centers	Health Institutions
Hospitals and Nursing Homes	Orthopedic Departments
Physiotherapy Equipment Manufacturers	Rehabilitation Centers for the handicapped
Schools for Mentally Challenged and Physically Disabled Children	Sports Training Facilities
High-Performance Sports centers	Personal Fitness Consultants



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